

A free, anonymous, confidential, multilingual information and referral service that connects callers to information regarding health and human services available in Northwest Florida. Call 211 to get connected to local resources for food, housing, employment, health care, counseling, and more.

Dial 211 or toll free 855-420-8689, for free and available 24/7

Text your zip code to 898211 8am to 5pm M-F



211 Northwest Florida provides information, referrals, and a bit of problem solving for...

food

- employment assistance
- utility assistance
- substance abuse
- health care
- mental health
- housing
- and more!

988, a 3-digit number for the Suicide and Crisis Lifeline. offers 24/7 access to compassionate, confidential support for free. You'll be quickly connected to trained crisis counselors who will listen to your concerns, provide support, and get you additional help if needed.

CALL OR TEXT 988 OR CHAT 988LIFELINE.ORG







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211 Northwest Florida | United Way of West Florida



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#### **WHAT ARE THE BENEFITS OF 211?**

- . Provides one memorable number that works for many kinds of health or human service needs
- Can provide information about emergency shelters and evacuation routes during natural and man-made disasters
- · Helps non-English speaking individuals receive comprehensive health and human service information (using a translation service)
- · Provides an anonymous, confidential information resource for anyone seeking human services and help with situational crises
- 211 can help those experiencing a mental health or substance abuse crisis by actively listening to their concerns and helping connect them to local resources that may help

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## **WE'VE GOT YOUR SIX**

Talk with someone who's been there



referrals, emotional support, and more to veterans!



DIAL 1-844-MyFLVET(693-5838) or 211



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For veterans and their loved ones who don't know where to turn, the Florida Veteran's **Support Line is there to help.** Speak to a fellow veteran trained to provide emotional support and share connections to local services.

> **FVSL** provides information, referrals, emotional support, and more to veterans!







